



# Sumner County Board of Education

Del R. Phillips III, Ph.D.

Director of Schools

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Dear Parents,

There are several changes to the National School Lunch Program and the School Breakfast Program implemented for school year 2014-2015. These changes are due to the Reauthorization of the Healthy Hunger-Free Kids Act President Obama signed into law in December, 2010. There will be changes yearly through the 2022-2023 school year.

The following changes for this year are as follows:

- 1) All schools will operate with a centralized menu.
- 2) All schools must maintain a caloric range for each meal served. There are different caloric ranges for elementary, middle, and high schools.
- 3) All food items served must maintain no trans fats.
- 4) Milk served must be 1% unflavored white, fat free white, chocolate, strawberry, or any other flavored milk which is fat free. We are not allowed to serve whole milk or 2% milk, or any flavored milk that is not fat free.
- 5) For lunch there are 5 food components which must be offered. They are meat/meat alternate, vegetables, fruits, grain, and fluid milk.
- 6) For breakfast there are 3 food components which must be offered. They are fluid milk, grains, and fruits/vegetables.
- 7) Offer versus serve (OVS) meal pattern will be implemented in each school. For lunch the students may select all 5 food components or they may decline any 2 of the 5 food components with the exception of the fruit and vegetable component. The student must select the fruit or vegetable component as one of their components to count the meal as a reimbursable unit price meal. For breakfast, the students may select all 4 food items or they may decline 1 food item from the 3 food components. They must select the fruit/vegetable component as one of the 3 food items on their tray for the reimbursable unit price breakfast.
- 8) Condiments served as part of the meal will have to be limited because if they are on the tray they must be counted in the total calorie count for that meal.
- 9) 100% of all grains credible must be whole grain.
- 10) There is a minimal amount of grains that must be served for each grade configuration.
- 11) The vegetable component has 5 sub-groups and each sub group has a portion size assigned to it. There must be a portion size sub group total for the week.
- 12) The Meat/Meat Alternate component has a portion size limit for the week.
- 13) All A La Carte items sold must comply with the new Smart Snack Law. This applies to the total School setting.

The Certification and Validation Processes continue throughout the school year.

We are looking forward to a great school year. Childhood Obesity must be decreased in the Nation and in Tennessee. The School Nutrition Program will be working hard to help decrease the percentage of overweight and obese children. We care about the health and well-being of our children – The Future.

Keep your child/children moving and eating healthy. Please call me with any questions at 615-451-5217 or email me. The email address is noted below.

Sincerely,

Linda A. Becker

School Nutrition Supervisor

Sumner County Schools

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