

## Sumner Health COVID-19 Testing and Frequently Asked Questions

The health and safety of our employees is of the utmost importance; therefore, Sumner County Schools has worked for several months in preparation and planning with One to One (O2O) to acquire tests and implement a plan to quickly test any of our employees displaying symptoms.

Symptoms of COVID-19 may appear 2-14 days after exposure to the virus.

NEW onset of the following common signs of infection include:

- Fever (100.4 or greater in the last 48 hours without fever reducing medication)
- Cough
- Chills
- Muscle pain
- Sore throat
- Nausea or vomiting
- New loss of taste or smell
- Shortness of breath or difficulty breathing
- Repeated shaking with chills
- Headache
- Congestion or runny nose
- Diarrhea

Staff who may be experiencing COVID-19 symptoms should follow the guidance below:

STEP 1 – Notify your Principal immediately and email [employee.covid@sumnerschools.org](mailto:employee.covid@sumnerschools.org)

STEP 2 – Call Sumner Health for screening and appointment at 855-571-4500 or email [covid@121.health](mailto:covid@121.health).

STEP 3 – You may visit your patient portal to sign the consent form for COVID-19 testing or one will be provided onsite.

STEP 4 – When you arrive for your appointment: **Stay in your car** – turn on flashers/emergency lights and a medical professional will come to your car to assist you. You will be asked to present your Sumner Schools ID badge and an additional form of identification (driver's license, insurance card, etc.).

STEP 5 – Check your patient portal in 24-72 hours for test results, however if your test is positive, you will receive follow-up communication regarding your test results.

For your safety and the safety of others, once tested you will be required to self-isolate. You will need an approval email from Human Resources or [employee.covid@sumnerschools.org](mailto:employee.covid@sumnerschools.org) , prior to returning to work. If you have questions you may email [employee.covid@sumnerschools.org](mailto:employee.covid@sumnerschools.org) .

Testing is available by appointment only at 855-571-4500 or email [covid@121.health](mailto:covid@121.health) .

**Sumner Health Portland**  
**602 S. Broadway, Suite B**  
**Portland, TN 37148**

**Sumner Health Hendersonville**  
**114 Dunn Street**  
**Hendersonville, TN 37075**

*(Designated parking slots are located at the back of the facility).*

### **How long will the process take per patient? How long will it take to get the results?**

The process is approximately 30 minutes from the completion of the necessary paperwork and testing. The test results typically take 24-28 hours. Test results will be available in your Sumner Health Patient Portal ([www.sumnercountyhealth.com](http://www.sumnercountyhealth.com)) .

### **What should I do once I receive my test results?**

Please email your Principal and [employee.covid@sumnerschools.org](mailto:employee.covid@sumnerschools.org) immediately for further guidance.

